

BEGINNING IN JUNE "PET PORTIONS" MEALS-ON-WHEELS

WESLEY COMMUNITY SERVICES, SPCA CINCINNATI, IAMS
FORM SPECIAL PARTNERSHIP

- Wesley Community Services
- Lincoln Crawford Nursing & Rehabilitation Center



Camille Price and her kitten Sassey after a recent Iams meal. "It's the best gift I ever got in my life.... I feel rich....I'd do without food myself for my cat."

Since 1992 Wesley Community Services has been offering Meals-On-Wheels to senior citizens. Beginning in June, 2006, through an arrangement with SPCA Cincinnati and the Iams Corporation, WCS will begin offering Meals-On-Wheels to clients' dogs and cats.

For many WCS clients, a pet dog or cat is their only companion. Our Meals-On-Wheels and Homemaker personnel have noticed that clients' pets are often malnourished.

In some instances clients share their meal with their pet, not a good situation for either.

Stephen Smookler, Executive Director of Wesley Community Services, had read of a concept of providing Meals-On-Wheels to senior citizens' pets

through a program WCS calls **Pet Portions**. If it could work in other cities, he thought we could do it in Greater Cincinnati, as well.

Wesley Community Services Director of Development Bill Reusing met with Andy Mahlman, Operations Manager of SPCA Cincinnati, to explain our proposed program and to ask for his support. Before leaving, Mr. Mahlman thought the distribution plan was a good idea and gave Mr. Reusing fifteen containers of cat food, which have already been distributed to our cat pet owners. Iams dog food will be delivered to SPCA Cincinnati for distribution in early June.

WCS client Camille Price, shown above, received the initial delivery of Iams cat food. Ms. Price, assisted by WCS employee Trina Dowdell, told how she purchased her kitten Sassey, for forty dollars, from her total discretionary monthly funds of \$50. "I love animals.... they are good for senior citizens. It keeps them moving."

A special thanks to Andy Mahlman at SPCA Cincinnati and Connie McKamey, Manager of Corporate Contributions Iams Corporation, for partnering with us in the development of this program to improve the lives of our senior clients and their pets. Now, neither has to go hungry.

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2005 Special Points of Interest:

In 2005 Lincoln Crawford Nursing and Rehabilitation Center served 195 Residents compared to 151 in 2004.

In 2005 Wesley Community Services served 1,774 individuals by providing 189,311 chilled, hot and frozen meals, 21,073 Medical Transports, and 13,873 hours of Homemaker Services.

In 2005 United Way funding for Wesley Community Services increased to include special funding for Medical Transportation.

Thanks to your generous support Wesley Services Organization will continue its record setting pace in 2006!

It's All About Fun at the Lincoln Crawford Senior Ball. . .



Lincoln Crawford Residents Della Walker and the late Ellis Royals enjoy a night out on the town at a former Senior Ball.

The Senior Ball will be held at the Cinergy Convention Center, June 21st, 2006.

The Senior Ball is one of the most anticipated events for our Residents at Lincoln Crawford. Each year the Residents attend the Senior Ball, and this year we will have 30 in attendance.

The morning of The Ball is a magical event in itself. Women are transformed into beautiful queens with their lovely gowns, gracefully styled hair, and elegant makeup. Our men become distinguished gentlemen with their sharp tuxedos, and freshly shined shoes. The glow from their faces is priceless.

Our Residents always have a good time at The Ball, and last year our own Ms. Catherine Wallace was the winner of the wheel chair dance contest. We are all eager to see what new moves she has in store this year.

June 21st is just around the corner and there are still items that we need to make the morning of the event run smoothly. We are asking for donations to rent tuxedos (\$50.00), or we will accept gently used tuxedos or suits. We also need gowns in sizes XL, and XXL, along with knee-highs and ballerina slippers. If you would like to donate an item or provide a donation, please mail in your monetary donation or stop in at 1346 Lincoln Ave, Cincinnati, Ohio 45206. For more information, please contact Janice Snow, Activities Coordinator at (513) 861-2044.

Mark Your Calendar for the 2006 Lincoln Crawford's 9th Annual Healthwave. . .

Lincoln Crawford Nursing and Rehabilitation Center celebrates its 9th Annual Healthwave on Saturday, June 24th. There are two influences for Healthwave. First, Lincoln Crawford has seen a dramatic increase in people with advanced stages of diseases like diabetes, high blood pressure and cardiovascular disease, resulting in admission at a younger age. Nursing homes traditionally cater to the elderly, but many of our new residents are middle aged or younger. The conclusion indicates their health care had been neglected or they were in denial about their health condition. The solution to this problem is education and prevention in addition to better access to health care.

The second impetus for Lincoln Crawford is that, as an African American nursing facility, we are more aware of the diseases that are prevalent in this population. In planning an outreach program, Lincoln Crawford realized that there was a call to create a public program in the neighborhood where the need was the greatest. To be successful, it would have to be fun and educational and would refer people directly to a source of help. Help would be pragmatic and immediate.

It was important that this event be accessible and the decision to hold it near Peebles Corner was natural. It is in the heart of Walnut Hills and provides an opportunity to work with Kroger. Kroger is an important focus for Walnut Hills and the management has been helpful from the very beginning in sponsoring the event. The community has really rallied around the idea of providing access to health care for everyone, noted visitors to the 2005 Healthwave.

The Social Accountability Award from AOPHA (Association of Ohio Philanthropic Homes and Housing for the Aged), received in 2003, illustrates the reason why Healthwave has been successful in linking people to health care services. Healthwave is a model of collaboration, knitting together major businesses along with not for profit agencies, community and government organizations in a seamless effort to enfranchise and be inclusive of the entire community. The Healthwave is both educational and fun. It includes something for all ages – health education, wellness information, fun and games, and food and entertainment.

So be sure to mark your calendars now, and “catch the wave” on Saturday, June 24th from 12:00 p.m. until 4:00 p.m. at the Walnut Hills Kroger located at the corner of Gilbert Avenue and McMillan Street. See You There!

Lincoln Crawford has developed a "Wish List" of equipment and items that will provide a focus for future gift-giving opportunities. The items on the list are a composite of input from Residents and staff to identify purchases that would enrich the quality of life for the Residents of Lincoln Crawford. We are proud to report that our efforts are already producing results with receipts of gifts.

The Flerlage Foundation awarded a gift of \$2,500 to purchase new draperies, bedspreads and privacy curtains to enhance four (4) of our Resident rooms. The gift will assist in enhancing rooms with a coordinated color scheme. The Lincoln Crawford Spiritual Advisory Group has accepted the goal of raising \$6,000 from their churches to purchase 3 outdoor table, chair and umbrella sets, 2 gazebo tents and additional seating for our beautiful patio. Residents will now be able to utilize the patio and be sheltered from the effects of the direct sun. We have also received a generous gift of \$120 to purchase 3 electric ice cream makers for the Activities Department (yum, yum). We anticipate a number of Ice Cream Socials this summer!

Lincoln Crawford has a wide variety of needs to help provide and enhance the quality of life for our Residents. We invite you to come visit Lincoln Crawford or call us at (513) 861-2044 to find out how you can become a part of the wonderful mission of Lincoln Crawford.

[The Sammy Davis, Jr. Fund](#)
[For Gifts of \\$5 to \\$249](#)

- Blender **\$20**
- Ice Cream Maker ~~\$45~~
- Bread Maker **\$100**
- Digital Camera **\$200**
- Camcorder **\$200**
- Arts and Crafts
- Supplies **\$5 to \$25**
- Board Games **\$10 to \$25**
- Paint Supplies **\$5 to \$25**

[The Lina Horne Fund For](#)
[Gifts of \\$250 to \\$500](#)

- Drain Auger Cleanout Machine **\$325**
- Power Washer **\$475**

For additional information please call:
Michael Scott,
Executive Director,
(513) 861-2044.

[The Ella Fitzgerald Fund](#)
[For Gifts of \\$501 to](#)
[\\$1,000](#)

- Mobile Cart for Therapy Weights **\$545**
- Pulse Oxycemeter **\$600**
- Small Stainless Two Shelf Cart (2) **\$600 ea.**
- Laundry Folding Table **\$750**
- Large Stainless Two Shelf Cart (2) **\$800 ea.**
- Laptop Computer **\$900**
- Electric Hospital Beds (80) **\$1000 ea.**
- Patio Gazebo Tents (2) **\$1,000**
- Patio Chairs and End Tables ~~\$1,000~~
- Report Binding Equipment **\$1,000**
- Refurnish Resident Rooms (52): Curtains, Privacy Curtain, Bedspreads (2), Chest of Drawers (2), Guest Chair **\$1,000 per Room**

[The Louis Armstrong Fund](#)
[For Gifts of \\$1,001 to](#)
[\\$5,000](#)

- Computer/Printer (10) **\$1,200 ea.**
- Drain Tub Laundry **\$1,281**
- Patient Lifts (4) **\$2,000 ea.**
- Dynamap (2) **\$2,054 ea.**
- Reach-In Cooks Refrigerator **\$2,450**
- Building Sign Aluminum Letters **\$2,500**
- Bariatric Beds (5) **\$2,900 ea.**
- Ice Bin Kitchen **\$3,500**
- Conference Table and Chairs (12) **\$3,500**
- Patio Umbrella Table and Chairs (3) ~~\$4,000~~
- Patient Sit and Stand Life (2) **\$4,500 ea.**
- Smokeeater and Venting for Smoking Lounge **\$4,500**
- Therapy Map Table **\$4,595**

[The Pearle Bailey Fund For](#)
[Gifts \\$5,001 to \\$10,000](#)

- New Lobby Furniture **\$6,000**
- Lighted Signage at Driveway **\$6,500**
- Handicap Door Opener/Closer **\$7,000**
- Public Restroom Renovation **\$10,000**

[The Duke Ellington Fund](#)
[For Gifts Over \\$10,001](#)

- 3 - 75# Dryers Laundry **\$11,628**
- Steam Table with 5 Wells **\$12,000**
- Renovate Resident Lobby's Floor 2 and 3 **\$15,000 ea.**
- Air Condition Hallways Floor 2 and 3 **\$18,000**
- Food Service Tray Delivery System **\$26,140**
- Telecommunications System Update **\$30,000**
- 15 Passenger Bus **\$50,000**
- Replace Walk-in Freezer and Refrigerator **\$60,000**
- Remodel Dining Room **\$150,000 to \$175,000**



Cincinnati Mayor Mark Mallory takes time out from his busy day to deliver Meals-On-Wheels to Cincinnati area seniors. Stephen Smookler, Executive Director of Wesley Community Services, thanks the Mayor on behalf of the Board of Trustees, Volunteers and Staff.

Mayor Mark Mallory Delivers Meals-On-Wheels from Hyde Park Community United Methodist Church...

Who is that knocking at the door? On Wednesday, March 22nd, during the national celebration of “**Mayors for Meals 2006**”, Mayor Mark Mallory was one of hundreds of Mayors from across the United States who delivered nutritious meals to senior citizens in our community. Mayors from 50 states participated making the day extra special. Mr. Willie Turner was one of many Meals-On-Wheels clients who enjoyed a heartfelt visit from Mayor Mallory. Afterwards, Mr. Turner graciously said to our Mayor, “Those meals sure are good and tasty.” A special thanks goes out to Mayor Mallory and to all those who made “**Mayors for Meals 2006**” an extra special day in Greater Cincinnati.

United Methodist Women Cincinnati District Embraces WesleyLinks...

Eileen Simpson, President of The United Methodist Women Cincinnati District, is proud to announce, “We as local United Methodist Women can be the catalysts to inform our local churches of the need for WesleyLinks in every congregation.” WesleyLinks is an interdenominational consortium of area churches created by Wesley Community Services to enable member churches to better serve frail seniors in their congregations. Services are made available to seniors who need support so that they may stay in their own home for as long as possible. Wesley Community Services offers Meals-On-Wheels, Medical Transportation and Homemaker/Housecleaning Services to eligible congregation members. We are continually adding new churches, so if you are interested in having your church be a WesleyLinks member, contact Bill Reusing at 513/661-2777.

At Present, the WesleyLinks Family of Churches Include...

Ammons UMC
Anderson Hills UMC
Armstrong Chapel UMC
Brecon UMC
Calvary UMC
Cherry Grove UMC
Cheviot UMC
Christ New Beginnings Ministries
Christ Prince of Peace UMC
Church of the Saviour UMC
Cincinnati Christian University
Clifton UMC
Clough UMC
Crosby UMC
Eden Chapel UMC
Elberon UMC
Epiphany UMC
First Baptist Church of Dent
Forest Chapel UMC
Friendship UMC
Gaines UMC
Groesbeck UMC

Hartwell UMC
Hartzell UMC
Holy Family Catholic Church
Hyde Park Community UMC
John Wesley UMC
Kenwood Baptist Church
Knox Presbyterian Church
Loveland UMC
Miami Whitewater UMC
Monfort Heights UMC
Mt. Healthy UMC
Mt. Washington UMC
Nast Trinity UMC
New Vision UMC
North Bend UMC
North Presbyterian Church
Norwood First UMC
Oak Hills UMC
Our Lady of Visitation Catholic Church
Pilgrim United Church of Christ
President Drive Church of Christ
Sharonville UMC

Shiloh UMC
St. Aloysius Gonzaga Catholic Church
St. Antoninus Catholic Church
St. Bernard Catholic Church
St. James Episcopal Church
St. Joseph Catholic Church North Bend
St. Lawrence Catholic Church
St. Luke's Evangelical Church of Christ
St. Martin of Tours Catholic Church
St. Paul UMC
St. Peter and St. Paul United Church of Christ
State Avenue UMC
United Church of Christ Oakley
Westwood First Presbyterian Church
Westwood UMC
Word Alive Christian Fellowship
Zion UMC

WesleyLinks meets 5 times/year at member churches for a pizza luncheon and informative program.

Two New Medical Transport Vehicles Received by Wesley Community Services

Fleet Totals 14 Vehicles!!

In a two week span Wesley Community Services took possession of two new wheelchair accessible vans, one funded by the Ohio Department of Transportation's Specialized Transportation program, the other funded in part by gifts from Westwood UMC and the Cincinnati District United Methodist Mission Society. Wesley Community Services was one of four successful applicants through ODOT to receive approval for a new transport vehicle based on high need and utilization by area seniors.

These Ford vans are capable of transporting up to three wheelchair clients simultaneously. Mike Hodges, Transportation Manager stated "the new vans will increase our transportation capabilities immensely. We just had a record month in May 2006 with over 2,100 medical transports and these vehicles got here just in time."

Stephen Smookler, WCS Executive Director commented "Wesley Community Services is grateful for these new vehicles. One of the vans is the fourth vehicle WCS received in the last 8 years through the ODOT competitive proposal process." The ultimate beneficiary will be greater Cincinnati seniors needing transportation to their doctor and hospital appointments.

Special Services through Meals-On-Wheels...

Are you an individual who needs Meals-On-Wheels, but do not meet the requirements established by the Council on Aging of Southwest Ohio?

If you are or know of a senior needing Meals-On-Wheels, less than 60 years of age, live alone and have a serious illness, Wesley Community Services might be able to help by providing up to three meals a week - - thanks to the generosity of a distinguished local philanthropist.

Please call Ms. Retta Bova today at 513/661-2777, or email at rbova@wesleycs.org to determine if you qualify.

This is one more way Wesley Community Services strives to bridge-the-gap and go the extra mile to serve seniors who don't qualify for Meals-On-Wheels delivery.



Mike Hodges, Medical Transportation and Home Delivered Meals Manager and Earl Jones, Dispatcher, recently delivered ODOT Medical Transportation vehicle.

Wesley Community Services to Close Day Care Facility - Services to the Community Remain Strong...

After much deliberation, the Board of Trustees of Wesley Community Services decided to close its adult day care facility, effective May 31st, due to low occupancy. The facility, located at 3333 Glenmore Avenue in Westwood, had seen a steady decline in clients since 2003. All clients at the facility were placed at other area adult day care centers.

The Board of Trustees and staff wish to thank in particular the Cincinnati District Mission Society of The United Methodist Church and all of the Methodist churches in the District, The Bahmann Foundation, The Helen Steiner Rice Foundation, The Honorable and Mrs. Eugene P. Ruehlmann and the many other generous individuals and organizations for their spiritual and financial support over the years.

Meanwhile, the other three programs in Wesley's spectrum of senior services have all seen double digit growth over the comparable period of 2005, which was a record year.

Through April, home delivered meals have increased from 58,261 in 2005 to 64,702 meals in 2006, including 2,929 therapeutic meals, compared to zero in 2005, one-way medical transports increased from 6,634 in 2005 to 7,696 in 2006, and home care hours increased from 4,361 in 2005 to 4,974 in 2006. In May of 2006, Wesley Community Services provided 2,113 medical transports, the highest monthly total since Wesley began providing this service in 1995, and in April, we began providing transportation services to the local Salvation Army unit.

Testimonials from the Heart...

Almost everyday a Wesley Services Organization client or resident expresses their gratitude for the quality services we provide. The Board of Trustees, volunteers and staff would like to share with you a few of the many heartwarming stories from the seniors in our care. . .



On her way to becoming 100, Meals-On-Wheels client Estelle Chapman on her 99th birthday. Happy Birthday!

Meals-On-Wheels Client Celebrates 99th Birthday...

On June 1, Estelle Chapman celebrated her 99th birthday. Estelle has been receiving meals through WCS for 8 years! She worked till 86 at a bakery. Remarkably, her MOW driver used to bring his three small children in to the bakery. One of those "tots" is now a 6 foot man and out of the kindness of his heart mows Estelle's lawn. Estelle still has a memory like an elephant. Other than her eyesight, Estelle's hearing and other senses are sharp. She "likes the Sheppard pie, and the real thin spaghetti with extra tomato sauce". Happy birthday to Estelle!!

Mike Arey: Meals-On-Wheels Delivery "Miracles Do Happen"

Mike Arey, MOW driver, has "Miracles Do Happen" on his key chain fob. Joining WCS in 2000, Mike serves the Westside. His clients call him "an angel..wonderful..terrific...will help with anything.." Clients depend on him for more than a meal. He reads clients their mail, adjusts their A/C and even makes bank deposits. For Delores Menges, Mike helped her keep her dog "Lady". Three years ago Delores' dog walker moved. Mike stepped in and takes care of Lady each day, including Saturdays and Sundays. Delores says Lady, "loves Mike and waits for him each day." Mike is the one who makes miracles happen. Thank you Mike.

Meals-On-Wheels Client Returns After Injury...

Sitting on her porch with Mary, a good friend, Francis Bartlett, 94, reflected on her wrist injury. The injury was so severe it required a metal rod implant. Following her hospital stay Francis went to a nursing home for three months. Although there were rough times, her MOW driver knew she would return home. "The food is good but the driver is great. I love the tuna entrée." She also loves "the omelet with sausage." We all are grateful for Francis' return.

Meals-On-Wheels for WesleyLinks Parishioner...

"Recently one of our parishioners was in need of meals for a short term basis during her recovery from surgery. Thanks to our Meals-On-Wheels staff she was able to recuperate without having to worry about cooking nutritious meals for herself. She even gained five pounds which pleased her doctor. Thanks for all you do for our area elderly. May God continue to bless you in your work." MR

96 Years of Age and Going Strong...

"I want to thank you for meals as I cannot do much cooking these days as I am now 96 year old. I get three a week...they are good. I don't eat much these days." HH



Mike Arey, Meals-On-Wheels driver, also known as "Angel..Wonderful..Terrific" is off to visit seniors in his care.

*The Mission of Wesley Community Services would not be possible without the generosity from our treasured donors. We are forever grateful for your continued financial support - Thank You!
Gifts Received January 1st through May 31st, 2006*

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Iams Corporation
Ms. Abbe O. Miller
SPCA Cincinnati
Wal-Mart/Western Hills

Medical Transportation Up 16%



Meals-On-Wheels Up 11%



Home Care Services Hours Up 14%



Your thoughtfulness and generosity has allowed Wesley Community Services to provide essential services to home-bound seniors in Hamilton, Butler and Clermont Counties. Two brand new state-of-the-art Medical Transportation vehicles have arrived. In addition, Medical Transports have increased by 16%, Meals-On-Wheels have increased by 11% and Home Care Services hours have increased by 14% for January through April of 2006 compared to the same period in 2005. You share a vital role in our mission - **Thank You!**



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 Nursing and Rehabilitation Center
 (513) 861-2044
 visit us at lincolncrawford.org

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 Mailing Address Line 3
 Mailing Address Line 4
 Mailing Address Line 5

- 24-Hour Nursing Care with 100 beds
- Rehabilitation and Restorative Services
- Post Hospital Care and Sub-acute care
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- Therapeutic Diets - culturally sensitive menu
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- Religious Services and Pastoral Care
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Wesley Community Services
 (513) 661-2777
 visit us at wesleys.org



Home Delivered Meals

- Seven (7) days a week
- Lunch or dinner delivery times
- Hot or frozen good-tasting meals
- Physician prescribed Therapeutic Meals, for seniors with kidney disease, high blood pressure or diabetes
- Pureed and mechanical soft meals

Medical Transportation

- Six (6) days a week
- Door-to-door service
- Evening transports
- On time-all the time
- Wheelchair accessible vehicles

Home Care Services

- Cleaning services
- Grocery shopping, errands, cooking
- Assistance with bill paying and banking
- Bonded/Insured home care specialists

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Car Donations Accepted . . .

Selling your lightly used car or van? WCS will put qualified donated vehicles to work in our medical transportation program and you may maximize your charitable donation. We are always looking for good vehicles to transport clients to hospital and physician appointments. Contact Stephen Smookler, Executive Director, at (513) 661-2777 before you sell.