



"THE MESSENGER"

Spring 2007

LINCOLN CRAWFORD'S 2006 ANNUAL FUND CAMPAIGN SURPASSES \$50,000 GOAL!

The 2006 Lincoln Crawford Annual Fund campaign was launched on September 16th by way of the traditional Prayer Breakfast. With nearly 200 participants in attendance, Bishop Dwight Wilkins, our speaker and Lincoln Crawford Board of Trustees member, inspired everyone to take up the vision of raising \$50,000 to purchase 50 new electric, high-low hospital beds. The new beds would replace out-dated hand-crank beds and provide enhanced comfort, safety and quality of life for Lincoln Crawford Residents.

Our efforts were blessed from the beginning through the support of Mrs. Marian Spencer and Dr. O'dell Owens, who graciously served as honorary co-chairpersons for the campaign. It was inspiring for all who received the solicitation letter to learn of our need and understand that our co-chairpersons were endorsing the efforts of Lincoln Crawford. We were further honored by the assistance of Mr. Donald Spencer who made numerous successful contacts with key Cincinnatians to seek their support of our campaign to purchase new beds. *Continued on page 2 . . .*



Thanks a Million! To our generous donors for going above and beyond the Annual Fund Campaign goal of \$50,000 to purchase new beds for Lincoln Crawford Residents.



Two Generations Becoming Friends! Clara Cooper, client, sharing her day with Alyse, Adopt-A-Grandparent volunteer.

WESLEY COMMUNITY SERVICES HAS RECORD YEAR SERVING SENIORS . . .

"Wesley Community Services surpassed 2005 in meals-on-wheels, homemaker service hours and medical transports", according to Executive Director Steve Smookler.

Meals-On-Wheels grew by 6,328 meals, from 189,311 provided in 2005 to 195,639 meals in 2006. Specially prepared physician prescribed therapeutic meals, for seniors needing a special "cooked from scratch" diet due to diabetes, renal disease or high blood pressure, almost tripled, growing from 3,485 meals in 2005 to 10,221 meals in 2006. **Homemaker** service hours increased by 1,266 hours to 15,139 hours and **medical transports** grew from 21,073 in 2005 to 21,075 in

2006. New medical transportation clients include, The Salvation Army Adult Day Care, Hamilton County Board of Mental Retardation and Developmental Disabilities and the Mt. Healthy School District.

New initiatives in 2006 included "**Pet Portions**" - offering free pet food to Wesley Community Services clients' pet dogs and cats through an agreement with the Iams Corporation and SPCA Cincinnati, and in November began a "**Adopt A Grandparent**" program to senior clients living alone by matching them with college students from Cincinnati Christian University and the Wesley Foundation at the University of Cincinnati.

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LINCOLN CRAWFORD'S 2006 ANNUAL FUND CAMPAIGN SURPASSES \$50,000 GOAL!

The theme of our Annual Fund Campaign was *"Sowing Seeds For A Fruitful Harvest"*. God has blessed our campaign and has indeed provided for a fruitful harvest as evidenced by gifts and pledges received in excess of \$61,500.00. We are awaiting results of a request to a local foundation that would result in a \$15,000.00 gift toward the purchase of additional beds. We will learn the outcome of this gift request in March . . . pray with us for a favorable outcome.

An order was placed for 50 electric, high-low hospital beds to be delivered in April 2007! The final outcome may allow us to order an additional 12 to 15 beds for the benefit of our Residents. Lincoln Crawford Residents and staff are extremely grateful to the 250+ individuals, churches, corporations and foundations who listened to the need and responded with a gift or pledge to enrich the life of Lincoln Crawford Residents. A **"Wall of Honor"** is under development to recognize the names of all who contributed to the 2006 projects. An additional 46 nameplates identifying those who gave gifts of \$1,000.00 or more will be attached to beds in honor of their gift.

Lincoln Crawford is very fortunate to have received the support of so many people who have recognized the call for assistance. We will continue to tell our story and share our mission of providing quality, loving care to those we serve.

We are already looking forward to the 2007 Annual Fund Campaign and the opportunity to gain new friends and supporters of Lincoln Crawford's special ministry!

Our Brand New Shiny Bus Has Arrived!

Lincoln Crawford is proud to announce the arrival of our new bus! The vehicle is completely handicapped-accessible, including a hydraulic wheelchair lift. The bus has added a new level of freedom for our Residents, allowing them to engage in frequent outings. They've recently enjoyed shopping trips, sightseeing around the city, going out for dinner, and daytime excursions to the Omnimax Theater. The Lincoln Crawford bus has become a tremendous asset to our organization.

Pictured left and *Ready to Roll!* A brand-new 15 passenger Ford wheelchair-assist bus has arrived for our Residents. Summertime is just around the corner, so we will be busy planning picnics and social occasions for our Residents enjoyment.



Mark Your Calendar for Lincoln Crawford's 10th Annual Healthwave . . .

Lincoln Crawford Nursing and Rehabilitation Center celebrates its 10th Annual Healthwave on Saturday, June 23rd at the Walnut Hills Kroger located at the corner of Gilbert Avenue and McMillan Street.

Healthwave was initiated as a response to the dramatic increase in individuals with advanced stages of diseases like diabetes, high blood pressure and cardiovascular disease.

Healthwave is both educational and fun. It offers something for every age group - from health education and preventative screenings to games, food and entertainment, so be sure to mark your calendars now and **“catch the wave” for Healthwave 2007 on Saturday, June 23rd from 1:00 p.m. until 3:00 p.m. at the Walnut Hills Kroger.**

Save the Date - June 20th - Senior Ball . . .



Lincoln Crawford Resident, Mr. Melvin Chambers, shown here enjoying the sights and sounds from the Senior Ball.

With spring just around the corner, we at Lincoln Crawford are beginning to turn our attention toward the Senior Ball. **This annual event will be held at the Duke Energy Center on June 20, 2007.** Last year, we were richly blessed by so many who donated their time and talents, assisting our Residents by applying make-up, creating outstanding hairstyles, and making beautiful jewelry, so our Residents could truly “shine”. We were also fortunate enough to receive donations of evening attire for our Residents. However, it seems that some of our “Cinderellas” have lost their glass slippers and jewelry, while others have gowns that are in a state of disrepair. We would be enormously appreciative of anyone able and willing to donate ball gowns, slippers, and jewelry so that our Residents can dance the day away. Please feel free to contact Janice Snow, Activities Director, at (513) 861-2044, if you are able to assist in our efforts. Thank you in advance for your generosity!

A Special Field Trip for Lincoln Crawford Residents . . .



Lincoln Crawford Residents and staff, along with Crayons to Computers personnel, are shown here sharing in the spirit of doing a Good Deed.

A recent newsletter article from a local non-profit organization, Crayons to Computers, wrote of a young boy who before going outside to play on a wintry day stopped at the door to take off his shoes and socks. He proceeded to put his shoes back onto his bare feet and put the socks on his hands to serve as gloves and then ran outside to play.

Kathy Spraggs, a Restorative Nursing Assistant, shared the inspiring article with the Residents of Lincoln Crawford; as a result, eight Residents on a weekly basis last summer and fall came together to knit, tell stories, enjoy refreshments, improve hand movement and talk about how these “creations” will help the “little ones”. What a great time was had by all - laughter, sense of pride, socialization and helping others - God’s work! “This project has a dual benefit by also serving as a rehabilitation project for our Residents by improving hand movement and dexterity and the Residents feel a real sense of contributing to the welfare of these young children,” said Kathy.

On January 24, 2007, six of the eight Lincoln Crawford Residents went on a field trip with staff to deliver 18 sets of knitted hats, gloves and scarves to the Crayons to Computers store located on Tennessee Avenue. “You could see the sense of pride and accomplishment in the faces of the Residents as they presented their gifts,” said Kathy. After receiving many words of thanks and appreciation, the Residents felt these activities will offer future opportunities to contribute to our youth, socialize, actively participate in rehabilitation activities while feeling a sense of accomplishment and purpose.

Crayons to Computers offers free yarn to anyone who would be willing to knit hats, scarves and gloves that would be offered to teachers to give to children in need. Just call Janice Snow, Activities Director, at (513) 861-2044.

Wesley Community Services
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(513) 661-2777

visit us at www.wesleycs.org



It's Dinner Time! WCS staff working hard at the new Meals-On-Wheels distribution center on Glenmore Avenue.

**Meals-On-Wheels
Distribution Center
Now Open . . .**

Meals-On-Wheels food storage capacity, meal packaging, and delivery logistics were significantly enhanced with the purchase of two walk-in refrigerator/freezers. We are now able to expand our service levels to meet the increasing needs of Greater Cincinnati's senior population. A special thank you goes out to American Financial Corporation, The Kroger Foundation, The William P. Anderson Foundation, and many caring individuals who helped to make our new Meals-On-Wheels distribution center a reality.

1,000,000 Meals-On-Wheels Delivered and Counting . . .

On Wednesday, December 27th, Wesley Community Services delivered its 1,000,000th meal since 1999 to Cincinnati seniors. Mrs. Delores Menges of Cincinnati, a Meals-On-Wheels client since 2002, received the meal delivered by Mike Arey, meals delivery driver. The meal was Ham and Cheese Casserole, whole baby carrots, succotash, fresh fruit, dinner roll/butter, and milk.

WesleyLinks Needs Your Church . . .

WesleyLinks is an interdenominational consortium of area churches created by Wesley Community Services to enable member churches to better serve frail seniors in their congregations. Services are made available to seniors who need support so that they may stay in their own home for as long as possible. **WesleyLinks meets 5 times/year at member churches for a pizza luncheon and informative program.** If you are interested in having your church be a WesleyLinks member, contact Bill Reusing at 513/661-2777.

At Present, the WesleyLinks Family of Churches Include. . .

Ammons UMC
Anderson Hills UMC
Armstrong Chapel UMC
Brecon UMC
Calvary UMC
Cherry Grove UMC
Cheviot UMC
Christ New Beginnings Ministries
Christ Prince of Peace UMC
Church of the Saviour UMC
Cincinnati Christian University
Clifton UMC
Clough UMC
Crosby UMC
Eden Chapel UMC
Elberon UMC
Epiphany UMC
First Baptist Church of Dent
Forest Chapel UMC
Friendship UMC
Gaines UMC
Groesbeck UMC

Hartwell UMC
Hartzell UMC
Holy Family Catholic Church
Hyde Park Community UMC
Immanuel at Lakewood Baptist Church
John Wesley UMC
Kenwood Baptist Church
Knox Presbyterian Church
Loveland UMC
Miami Whitewater UMC
Monfort Heights UMC
Mt. Healthy UMC
Mt. Washington UMC
Nast Trinity UMC
New Vision UMC
North Bend UMC
Norwood First UMC
Oak Hills UMC
Our Lady of Lourdes Church
Our Lady of Visitation Catholic Church
Pilgrim United Church of Christ
President Drive Church of Christ

Sharonville UMC
Shiloh UMC
St. Aloysius Gonzaga Catholic Church
St. Antoninus Catholic Church
St. Bernard Catholic Church
St. James Episcopal Church
St. Joseph Catholic Church North Bend
St. Lawrence Catholic Church
St. Luke's Evangelical Church of Christ
St. Martin of Tours Catholic Church
St. Paul UMC
St. Peter and St. Paul United Church of Christ
St. Vincent DePaul Church
State Avenue UMC
United Church of Christ Oakley
Wesley Foundation United Methodist Campus
Ministry at the University of Cincinnati
Westwood First Presbyterian Church
Westwood UMC
Word Alive Christian Fellowship
Zion UMC

John Wesley UMC to be Meals-On-Wheels Distribution Center . . .

The John Wesley United Methodist Church, 1927 W. Kemper Road, began distributing our meals-on-wheels from their kitchen on Tuesday, February 20. A second route began on Monday, February 26. We hope this will give us a stronger presence in the Fairfield, Greenhills and Forest Park areas.

Our special thanks to pastor Larry Kreps, our Wesley-Link Karen Henebry, and the entire congregation of John Wesley for allowing us to use their kitchen facility for our meals distribution in the northern suburbs.

Wesley's Director of Development Bill Reusing spoke at all three of their church services on Sunday, February 18th, about the Meals-On-Wheels program.



Home delivered Meals-On-Wheels prepared in our state-of-the-art kitchen.

Good News for Seniors Under 60 Years of Age . . .

Did you know Wesley Community Services is the only Meals-On-Wheels provider for seniors under 60 in Greater Cincinnati? If you are or know of a senior needing Meals-On-Wheels, **less than 60 years of age, live alone and have a serious illness**, Wesley Community Services might be able to help by providing up to seven meals a week -- thanks to the generosity of a distinguished local philanthropist. Do you need more information on whether you, a family member or friend qualify for home delivered meals? Please call Retta Turner today at 513/661-2777, or email at rturner@wesleycs.org for more information. We will be glad to help you!

Testimonials from the Heart . . .

Almost everyday a Wesley Community Services client expresses their gratitude for the quality services we provide. The Board of Trustees, volunteers and staff would like to share with you a few of the many heart-warming stories from seniors in our care. . .

In Appreciation of Wesley Community Services Medical Transportation Program . . .

A native Cincinnati, graduate of Good Samaritan Hospital School of Nursing, a career nurse from St. Frances Hospital, a proud Mother and Grandmother, and a real people person, wrote to us with these kind words. "I want to thank you for the many, many times I have been privileged to use your **wheel chair assisted vans**. I don't know how I could get to doctor and physical therapy appointments without you. Everyone of your employees that I have had contact with have been so kind and have gone out of their way to help me. They are very special people. It has been a real pleasure for me to meet all these wonderful people. Please convey my gratitude to all of them and to you."

In Appreciation of Cincinnati Christian University Campers and Wesley Community Services - Helping Seniors with House Painting . . .

Last summer a **Home Care Services** client from North College Hill was in dire need to have her house painted. Fortunately, junior and senior high school students from the Christ in Youth program through Cincinnati Christian University took time from their busy summer to improve the quality of life for needy seniors. After the exterior of the house was freshly painted the client sent a note of appreciation and said, "Thank you so much for allowing the opportunity for me to have my house painted. They were a wonderful, happy bunch who did a great job." Call Bill Reusing at 513/661-2777 or email breusing@wesleycs.org after May 1st to determine if you qualify for house painting.

Be sure to visit our website at wesleycs.org and checkout our video gallery of newscast segments, current events, on-line newsletters, and monthly Meals-On-Wheels menu.



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- Post Hospital Care and Sub-acute care
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- Diversified Activity Programs
- Therapeutic Diets - culturally sensitive menu
- Hospice Care
- Religious Services and Pastoral Care
- Private Pay, Medicare/Medicaid Certified

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Home Delivered Meals

- Seven (7) days a week
- Lunch or dinner delivery times
- Hot or frozen good-tasting meals
- Physician prescribed Therapeutic Meals, for seniors with kidney disease, high blood pressure or diabetes
- Pureed and mechanical soft meals

Medical Transportation

- Six (6) days a week
- Door-to-door service
- Evening transports
- On time-all the time
- Wheelchair accessible vehicles

Home Care Services

- Cleaning services
- Grocery shopping, errands, cooking
- Assistance with bill paying and banking
- Bonded/Insured home care specialists

Mailing Address Line 1
 Mailing Address Line 2
 Mailing Address Line 3
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Car Donations Accepted. . .

Selling your lightly used car or van? WCS will put qualified donated vehicles to work in our medical transportation program and you may maximize your charitable donation. We are always looking for good vehicles to transport clients to hospital and physician appointments. Contact Stephen Smookler, Executive Director, at (513) 661-2777 before you sell.