

The Messenger

Winter 2006

Season's Greetings From Wesley
Services Organization



THANKS(GIVING) IS NOT
JUST ONE
DAY A YEAR



- Wesley Community Services
- Lincoln Crawford Nursing and Rehabilitation Center

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2006 Accomplishments -

Thanks to your generous support Wesley Services Organization continues its record setting service to seniors in 2006!

From January 1st thru October 31st of 2006:

We served 151 Residents at Lincoln Crawford Nursing and Rehabilitation Center,

We delivered 163,378 hot and frozen nutritious meals through our Meals-On-Wheels program,

We provided 17,785 Medical Transports to medical and hospital appointments,

We provided 12,657 hours of Home Care Services including house cleaning, laundry, shopping, and errands,

We provided 4,000 pounds of pet food to our Meals-On-Wheels clients.

As we enter this most special time of the year, the period between Thanksgiving and Christmas, we take time to reflect on all that God has given us and to thank Him for sending us His Son so that we might have eternal life. Wesley Services Organization is not only a not-for-profit business, but it is also a ministry of serving seniors so that they might enjoy their final years at home, in peace and knowing they are loved and cared for. Throughout this newsletter you will find many different articles showing the various ministries our organization is performing.

At Lincoln Crawford Nursing & Rehabilitation Center, the only retirement home in the greater Cincinnati area for African Americans and one of only four in the State of Ohio, your gifts enabled us to purchase a 15 passenger bus to take our Residents on field trips, three new clothes dryers and all new refrigeration equipment, brand new patio furniture provided by its Spiritual Advisory Group, newer lobby furniture and many additional items on its "wish list" on page 3. Thus far, over \$20,000 has been raised through its Annual Fund Campaign towards its goal of \$50,000 to purchase 50 hi-low hospital beds at \$1,000.00 each.

At Wesley Community Services, the second branch of Wesley Services Organization, we are having a record year, thus far, in meals-on-wheels, medical transports, and homemaker assistance. We have also improved the quality of life of our senior clients by offering free pet food to their dogs/cats, which began in June, and "Adopt A Grandparent" which began in October (see article on page 4). In addition, your gifts have enabled us to purchase two, and hopefully three, new transportation vehicles, and two new walk-in refrigerator/freezers. Another gift allows us to provide meals to others who fall between the cracks and are not served by the Council on Aging because of age restrictions.

As we reflect upon our successes in 2006, we truly are thankful for your giving. We could not do what we do without you, we could not expand those services without you. We sincerely appreciate your financial gifts. If you believe in our ministry and are touched by some of the articles in this newsletter, a year end gift would be most welcome, or if not, we hope you will continue your support in the new year.

Have a most blessed holiday season, and a happy, healthy new year. God bless.

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Rehabilitation Center
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"Sowing seeds for a Fruitful Harvest" is the central theme for the 2006 Lincoln Crawford Nursing and Rehabilitation Center Annual Fund Campaign. Pictured at the leadership table are from right to left Marian A. Spencer, Former Vice Mayor, City of Cincinnati, and Co-Honorary Chair of the Annual Fund Campaign with Dr. O'dell M. Owens, Hamilton County Coroner; Bishop Dwight Wilkins of Macedonia Living Word Fellowship Church, and Michael Scott, Executive Director, Lincoln Crawford. Pictured at right are the nearly 200 caring individuals who attended the Prayer Breakfast kick-off on September 16th.

LINCOLN CRAWFORD'S PRAYER BREAKFAST IS A HUGE SUCCESS!

On Saturday, September 16, 2006, Lincoln Crawford revitalized the tradition of launching their *Annual Fund Campaign* with a Prayer Breakfast. *The Annual Fund Campaign* provides an opportunity to seek assistance from constituent groups such as families, friends of Lincoln Crawford, employees, area churches, the business community, vendors and foundations to raise funds to purchase items that will enhance the quality of life for Lincoln Crawford Residents.

The *2006 Annual Fund Campaign* has a mission of raising \$50,000 to purchase 50

electric hi-lo hospital beds to replace beds currently operated by hand cranks to raise or lower. The electric beds will greatly improve safety benefits by lowering the bed to 6" from the floor to avoid injury of those prone to falls. The beds will also rise to a height to allow easy transfer of Residents to a wheelchair or standing position.

The goal for the *Annual Fund Campaign* is significant and the intent of the Prayer Breakfast was to serve as a "pep rally" to generate excitement, enthusiasm and spiritual support for successfully achieving the goal. The Prayer Breakfast exceeded expectations in accomplishing its purpose!

The theme for the Prayer Breakfast and Annual Fund Campaign is "*Sowing Seeds for a Fruitful Harvest*". Bishop Dwight Wilkins, pastor of *Macedonia Living Word Fellowship Church*, was the keynote speaker and provided a powerful message to the nearly 200 attendees at the Prayer Breakfast. Bishop Wilkins challenged the audience to begin "*sowing seeds*" of help now, for the "*fruitful harvest*" of providing for the health care needs of current seniors and for those who will need assistance in the future. Many in attendance received the message and \$3,935 worth of "seeds" were sown through generous offerings. An additional \$3,185 was collected from ticket sales to twelve area churches, organizations and individuals who attended the event.

The Prayer Breakfast was a huge success in generating \$7,120 to launch our efforts to purchase the 50 beds. *The Annual Fund Campaign* letters will be mailed during the month of October. Lincoln Crawford has been blessed by having two outstanding individuals who have agreed to serve as Honorary Co-Chairpersons for the campaign. **Dr. O'dell M. Owens**, *Hamilton County Coroner*, and **Marian A. Spencer**, *Former Vice Mayor of the City of Cincinnati*, have agreed to support our mission by endorsing and signing our appeal letter.

WISH LIST SUCCESSES!

Through the generosity of several churches, women's groups, and individuals over the past several months, the Lincoln Crawford Wish List has been shrinking! We have been able to purchase a bread maker, a drain auger to clean out drains, 3 75# laundry dryers, new outdoor patio furniture through our Spiritual Advisory Group, place an order for a 15-passenger bus, begin work to replace the walk-in freezer and refrigeration in the kitchen, and obtain new lobby furniture. These are all very much needed and worthwhile projects, which will have a tremendous impact on our Residents' quality of life. The bus should arrive around the early part of November and will allow us to transport Residents to many community activities and events. The walk-in refrigeration units are currently being bid and it is targeted to have installation completed by the end of the year. Thanks for your generosity in providing Residents with the Wish List items. There continue to be many opportunities to select items from the Wish List to enhance the lives of our Residents. Thanks for assisting the Residents of Lincoln Crawford!

Lincoln Crawford has a wide variety of needs to help provide and enhance the quality of life for our Residents. We invite you to come visit Lincoln Crawford or call us at (513) 861-2044 to find out how you can become a part of the wonderful mission of Lincoln Crawford.

[The Sammy Davis, Jr. Fund](#)
[For Gifts of \\$5 to \\$249](#)

- Blender **\$20**
- Ice Cream Maker ~~**\$45**~~
- Bread Maker ~~**\$100**~~
- Digital Camera **\$200**
- Camcorder **\$200**
- Arts and Crafts Supplies **\$5 to \$25**
- Board Games **\$10 to \$25**
- Paint Supplies **\$5 to \$25**

[The Lena Horne Fund For](#)
[Gifts of \\$250 to \\$500](#)

- Drain Auger Cleanout Machine ~~**\$325**~~
- Power Washer **\$475**

For additional information please call:
Michael Scott,
Executive Director,
(513) 861-2044

[The Ella Fitzgerald Fund](#)
[For Gifts of \\$501 to](#)

- [\\$1,000](#)
- Mobile Cart for Therapy Weights **\$545**
- Pulse Oxycemeter **\$600**
- Small Stainless Two Shelf Cart (2) **\$600 ea.**
- Laundry Folding Table **\$750**
- Large Stainless Two Shelf Cart (2) **\$800 ea.**
- Laptop Computer **\$900**
- Electric Hospital Beds (80) **\$1000 ea.**
- Patio Gazebo Tents (2) **\$1,000**
- Patio Chairs and End Tables **\$1,000**
- Report Binding Equipment **\$1,000**
- Refurnish Resident Rooms (52): Curtains, Privacy Curtain, Bedspreads (2), Chest of Drawers (2), Guest Chair **\$1,000 per Room**

[The Louis Armstrong Fund](#)
[For Gifts of \\$1,001 to](#)

- [\\$5,000](#)
- Computer/Printer (10) **\$1,200 ea.**
- Drain Tub Laundry **\$1,281**
- Patient Lifts (4) **\$2,000 ea.**
- Dynamap (2) **\$2,054 ea.**
- Reach-In Cooks Refrigerator **\$2,450**
- Building Sign Aluminum Letters **\$2,500**
- Bariatric Beds (5) **\$2,900 ea.**
- Ice Bin Kitchen **\$3,500**
- Conference Table and Chairs (12) **\$3,500**
- Patio Umbrella Table and Chairs (3) **\$4,009**
- Patient Sit and Stand Life (2) **\$4,500 ea.**
- Smokeeater and Venting for Smoking Lounge **\$4,500**
- Therapy Mat Table **\$4,595**

[The Pearl Bailey Fund For](#)
[Gifts \\$5,001 to \\$10,000](#)

- New Lobby Furniture ~~**\$6,000**~~
- Lighted Signage at Driveway **\$6,500**
- Handicap Door Opener/Closer **\$7,000**
- Public Restroom Renovation **\$10,000**

[The Duke Ellington Fund](#)
[For Gifts Over \\$10,001](#)

- 3 - 75# Dryers Laundry ~~**\$11,628**~~
- Steam Table with 5 Wells **\$12,000**
- Renovate Resident Lobby's Floor 2 and 3 **\$15,000 ea.**
- Air Condition Hallways Floor 2 and 3 **\$18,000**
- Food Service Tray Delivery System **\$26,140**
- Telecommunications System Update **\$30,000**
- 15 Passenger Bus **\$50,000**
- Replace Walk-in Freezer and Refrigerator ~~**\$80,000**~~
- Remodel Dining Room **\$150,000 to \$175,000**

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visit us at www.wesleycs.org

*Meals-On-Wheels Kitchen
Volunteers Honored For Their
Behind-the-Scenes Devotion*



Daniel C. Heyd, Vice President Wesley Services Organization Board of Trustees and President Wesley Community Services Board (left), along with Stephen Smookler, Executive Director, Wesley Community Services (right), are joined with volunteers Isabelle Paul and Ted Hattemer (center) and employees Stacey Lewis, John Punkari and Helen Odum (rear).

Dick Adams, Nancy Duncan, Ted Hattemer, and Isabelle Paul were honored at the WCS October Board of Trustees meeting for their volunteer work at the Meals-On-Wheels kitchen, Hyde Park Community United Methodist Church. The volunteers work on packing desserts and other duties as needed. Stephen Smookler, Executive Director noted their "quiet dedication and service" to Cincinnati's seniors in need. A plaque acknowledging their efforts will be mounted in the kitchen facility.

*Adopt-A-Grandparent
Program provides Client with
"Angel"*



Sharing Precious Moments!

Clara Cooper, client, sharing her day with Alyse, Adopt-A-Grandparent volunteer.

Clara Cooper, 89, a Homemaker and Meals-On-Wheels client, says she "**now has something to look forward to**" including visits and telephone calls from Adopt-A-Grandparent volunteer, Alyse. "She was so cute" Clara exclaims about Alyse when she and a friend came by to pick Clara up for church. "**I haven't been able to go to church for years.**" Shortly thereafter Alyse and Clara were off to **Whitewater Community Church** where Clara was even able to attend a bible study class.

Alyse, a freshman at Cincinnati Christian University says she was interested in the Adopt-A-Grandparent program because "older people are really wise" and she could learn so much from them. Now, Alyse and Clara play cards, discuss current events, and go on outings.

If you are interested in the Adopt-A-Grandparent program as a volunteer or senior, please contact Jane Frame at 513/661-2777, or email at jframe@wesleycs.org for more information.

*Client Appreciates the
Best-of-Both Worlds!*

Recently, a client sent us a letter of thanks, "**I don't know where I would be without Wesley Community Services Medical Transportation.** I can walk, but due to my arthritis I prefer the comfort of your cars. I also find comfort in knowing if I should ever need a wheelchair assist vehicle I can count on you. I always feel safe and comfortable knowing I am in good hands with your professional and courteous drivers, **thank you for all that you do for me.**"

Our clients are also overjoyed with our ability to schedule pick-ups for appointments that are within a few days. In fact, based on a recent survey, **43%** of our medical transport clients scheduled a request for transport for an appointment that was to occur **within two days or less.**

Good News for Seniors with Chronic Illness . . .

If you are or know of a senior with **diabetes, high blood pressure, or renal disease needing Meals-On-Wheels**, our physician prescribed **therapeutic Meals-On-Wheels** might be the answer. Our meals are nutritious and made from scratch. No added processed ingredients are included in the preparation. It's like home cooking!



Home delivered Meals-On-Wheels prepared in our state-of-the-art kitchen.

Good News for Seniors under 60 Years of Age. . .

Did you know Wesley Community Services is the only Meals-On-Wheels provider for seniors under 60 in Greater Cincinnati! If you are or know of a senior needing Meals-On-Wheels, **less than 60 years of age, live alone and have a serious illness**, Wesley Community Services might be able to help by providing up to three meals a week -- thanks to the generosity of a distinguished local philanthropist.

- Lunch or dinner delivery times
- High quality, good tasting meals
- Professional drivers

Do you need more information on whether you, a family member or friend qualify for home delivered meals? Please call Retta Bova today at 513/661-2777, or email at rbova@wesleycs.org for more information. We will be glad to help you!

These are two more ways Wesley Community Services strives to bridge-the-gap and go the extra mile to serve seniors in Greater Cincinnati.



The Gang Is All Here! Students from the Wesley Foundation United Methodist Campus Ministry at the University of Cincinnati take time from their busy summer to help seniors in need - Thank You!

Students Help Transfer Pet Food for Seniors. . .

On July 20 and October 6, students from the **Wesley Foundation United Methodist Campus Ministry** at the University of Cincinnati helped re-supply Wesley Community Services with three thousand pounds of pet food for its senior clients' pets. As the need arises for additional pet food transfer Wesley Foundation Students will be available to help.

Wesley Community Services provides free pet food to clients. About 15% of the clients have at least one dog or cat. The donated **Iams dog and cat food** is stored at the **SPCA of Cincinnati** main warehouse.

Jeanne Smith, Executive Director of The Wesley Foundation, commented "The students made it happen, they are all animal lovers and wanted to help the seniors out."

A Meals-On-Wheels client wrote to us with these kind words. . .

Dear Friends,

Thanks for the Meals-On-Wheels. I am 96 years old and appreciate having help. It's hard to cook for myself these days. Enclosed is a small donation to show my gratitude. Thanks again, HH.

WesleyLinks Needs Your Church. . .

WesleyLinks is an interdenominational consortium of area churches created by Wesley Community Services to enable member churches to better serve frail seniors in their congregations. Services are made available to seniors who need support so that they may stay in their own home for as long as possible. Wesley Community Services offers Meals-On-Wheels, Medical Transportation and Homemaker/Housecleaning Services to eligible congregation members. **WesleyLinks meets 5 times/year at member churches for a pizza luncheon and informative program.** We are continually adding new churches, so if you are interested in having your church be a WesleyLinks member, contact Bill Reusing at 513/661-2777.

At Present, the WesleyLinks Family of Churches Include. . .

Ammons UMC
Anderson Hills UMC
Armstrong Chapel UMC
Brecon UMC
Calvary UMC
Cherry Grove UMC
Cheviot UMC
Christ New Beginnings Ministries
Christ Prince of Peace UMC
Church of the Saviour UMC
Cincinnati Christian University
Clifton UMC
Clough UMC
Crosby UMC
Eden Chapel UMC
Elberon UMC
Epiphany UMC
First Baptist Church of Dent
Forest Chapel UMC
Friendship UMC
Gaines UMC

Groesbeck UMC
Hartwell UMC
Hartzell UMC
Holy Family Catholic Church
Hyde Park Community UMC
John Wesley UMC
Kenwood Baptist Church
Knox Presbyterian Church
Loveland UMC
Miami Whitewater UMC
Monfort Heights UMC
Mt. Healthy UMC
Mt. Washington UMC
Nast Trinity UMC
New Vision UMC
North Bend UMC
Norwood First UMC
Oak Hills UMC
Our Lady of Lourdes Church
Our Lady of Visitation Catholic Church
Pilgrim United Church of Christ

President Drive Church of Christ
Sharonville UMC
Shiloh UMC
St. Aloysius Gonzaga Catholic Church
St. Antoninus Catholic Church
St. Bernard Catholic Church
St. James Episcopal Church
St. Joseph Catholic Church North Bend
St. Lawrence Catholic Church
St. Luke's Evangelical Church of Christ
St. Martin of Tours Catholic Church
St. Paul UMC
St. Peter and St. Paul United Church of Christ
State Avenue UMC
United Church of Christ Oakley
Wesley Foundation United Methodist Campus
Ministry at the University of Cincinnati
Westwood First Presbyterian Church
Westwood UMC
Word Alive Christian Fellowship
Zion UMC

Lincoln Crawford Activities Corner. . .

During the past quarter, the Resident's at Lincoln Crawford have attended several outings: The Senior Ball, Parky's Farm and the Lincoln Crawford Prayer Breakfast.

Once again, it's that time of year for sending out our Christmas wish list and asking for volunteers. During the holiday season some of our Residents become lonely and need one on one visits to help lift their spirits. We also need assistance in decorating our home and conducting special events throughout the Holiday Season. Please volunteer some of your time to our Residents; you will find it to be a very worthwhile experience.

Lincoln Crawford is seeking volunteers to work in our Gift Shop, which is open several days a week. If you are interested in being one of our valuable volunteers, please call Janice Snow, Activities Coordinator, at (513) 861-2044 Ext. 231.

"Taste Magazine Cincinnati" Holiday Gift Benefits Meals-On-Wheels. . .

Greater Cincinnati has a new publication launching November 24 titled **Taste Magazine Cincinnati** which will cover topics dealing with food, drink, fashion and style. Wesley Services Organization will receive 20%-40% of each sale. One of the great perks to subscribing to *Taste* is the ability to purchase gift certificates online to area restaurants and specialty food stores from 25% to 50% off.

Taste has three subscription options: **Option One** is a year's worth of *Taste* for just \$15. **Option Two** is a year's worth of *Taste* AND a \$25 gift certificate to DiningDough.com where you can download gift certificates to over 7000 restaurants nationally or several prominent online businesses like Wine.com for just \$20. For each subscription purchased from the friends of Wesley Services Organization, Meals-On-Wheels will receive 20%. **Option Three** is the same as Option Two only your \$25 gift certificate is donated back to Meals-On-Wheels and WSO receives 40% of each sale.

"Food is a large portion of our editorial and we are very happy we have an opportunity to give back to the community from the very beginning" says *Taste's* Publisher, Stephen Kidd.

Taste makes a wonderful holiday gift and supports Meals-on-Wheels at the same time! For more information visit www.tastecincinnati.com/mealsonwheels.



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 visit us at lincolncrawford.org

- 24-Hour Nursing Care with 100 beds
- Rehabilitation and Restorative Services
- Post Hospital Care and Sub-acute care
- Respite Care
- Diversified Activity Programs
- Therapeutic Diets - culturally sensitive menu
- Hospice Care
- Religious Services and Pastoral Care
- Private Pay, Medicare/Medicaid Certified

Wesley Community Services
 (513) 661-2777
 visit us at wesleycs.org



Agency Partner

Home Delivered Meals

- Seven (7) days a week
- Lunch or dinner delivery times
- Hot or frozen good-tasting meals
- Physician prescribed Therapeutic Meals, for seniors with kidney disease, high blood pressure or diabetes
- Pureed and mechanical soft meals

Medical Transportation

- Six (6) days a week
- Door-to-door service
- Evening transports
- On time-all the time
- Wheelchair accessible vehicles

Home Care Services

- Cleaning services
- Grocery shopping, errands, cooking
- Assistance with bill paying and banking
- Bonded/Insured home care specialists

Mailing Address Line 1
 Mailing Address Line 2
 Mailing Address Line 3
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 Mailing Address Line 5

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Car Donations Accepted. . .

Selling your lightly used car or van? WCS will put qualified donated vehicles to work in our medical transportation program and you may maximize your charitable donation. We are always looking for good vehicles to transport clients to hospital and physician appointments. Contact Stephen Smookler, Executive Director, at (513) 661-2777 before you sell.